

VIESGO NIGHT RACE LUGO, Lugo 11/11/2017

Prueba Absoluta. Distancia: 4.680 m

Pto	Dorsal	Nombre	Sx	PtoCat	T. Oficial	RitmoKm	T. Real	RitKmReal
1	375	JAVIER PENA CUESTA		ABSM- 1	14:50	3:11	14:50	3:11
2	30	DANIEL PÉREZ MURADO		ABSM- 2	15:01	3:13	15:01	3:13
3	199	JUAN CACHARRO RIELO		ABSM- 3	15:01	3:13	15:01	3:13
4	440	JOSÉ MANUEL CORRAL LÓPEZ		ABSM- 4	15:16	3:16	15:16	3:16
5	213	PABLO DEVESA FARIÑAS		ABSM- 5	15:22	3:17	15:22	3:17
6	31	ANGEL RABADE LEDO		ABSM- 6	15:24	3:18	15:22	3:17
7	779	MARCOS ORO VENCE		ABSM- 7	15:25	3:18	15:25	3:18
8	459	ANGEL LAMAS QUIJADA		ABSM- 8	15:27	3:18	15:25	3:18
9	132	FCO JAVIER CARBALLIDO SANFIZ		ABSM- 9	15:41	3:22	15:41	3:22
10	159	ESTEBAN BASANTA FOUZ		ABSM- 10	15:44	3:22	15:43	3:22
11	300	ADRIAN CASTRO RODRIGUEZ		ABSM- 11	15:55	3:24	15:55	3:24
12	332	JORGE VEIGA CARBALLED0		ABSM- 12	15:59	3:25	15:57	3:25
13	260	IVÁN GARCÍA NUÑEZ		ABSM- 13	16:01	3:26	16:01	3:26
14	630	DAVID VEIGA ARROJO		ABSM- 14	16:13	3:28	16:09	3:28
15	165	IVÁN VEIGA RAPOSO		ABSM- 15	16:15	3:29	16:15	3:29
16	365	MANUEL MARTÍNEZ FERNANDEZ		ABSM- 16	16:18	3:29	16:17	3:29
17	50	MARTÍN CANDO SANTOS		ABSM- 17	16:20	3:30	16:14	3:29
18	698	BRAIS A. RODRÍGUEZ BOTANA		ABSM- 18	16:25	3:31	16:22	3:30
19	4	KEVIN DARRIBA CORRAL		ABSM- 19	16:25	3:31	16:25	3:31
20	321	JESUS RIVAS PRADO		ABSM- 20	16:26	3:31	16:24	3:31
21	135	LUIS SOUTO LOPEZ		ABSM- 21	16:27	3:31	16:26	3:31
22	12	PABLO PAZ SAAVEDRA		ABSM- 22	16:28	3:32	16:26	3:31
23	291	MANUEL CORBELLE CASTRO		ABSM- 23	16:29	3:32	16:28	3:31
24	965	MIGUEL VARELA SAAVEDRA		ABSM- 24	16:29	3:32	16:21	3:30
25	670	DANIEL DÍAZ VILLAVARDE		ABSM- 25	16:32	3:32	16:30	3:32
26	362	OSCAR LOPEZ VARELA		ABSM- 26	16:33	3:33	16:23	3:30
27	925	JORGE MÉNDEZ LÓPEZ		ABSM- 27	16:34	3:33	16:32	3:32
28	91	RUBEN GARCÍA PIÑEROA		ABSM- 28	16:38	3:34	16:36	3:33
29	285	JOSÉ ANTONIO OROZCO VÁZQUEZ		ABSM- 29	16:39	3:34	16:36	3:33
30	481	GERARDO RAPOSO BUJAN		ABSM- 30	16:40	3:34	16:37	3:34
31	272	PABLO DÍAZ ATANES		ABSM- 31	16:47	3:36	16:42	3:34
32	397	JOSÉ ULLA ROCHA		ABSM- 32	16:54	3:37	16:47	3:36
33	354	LUIS LOPEZ VAZQUEZ		ABSM- 33	16:56	3:38	16:56	3:38
34	871	AGUSTIN CORDERO RAMOS		ABSM- 34	17:01	3:39	17:00	3:38
35	93	MARCO FERNÁNDEZ VÁZQUEZ		ABSM- 35	17:01	3:39	17:01	3:39
36	437	EUGENIO CAEIRO GONZÁLEZ		ABSM- 36	17:05	3:39	16:59	3:38
37	130	JUAN RIGUEIRO GARCÍA		ABSM- 37	17:07	3:40	17:03	3:39
38	317	ÁLVARO VALIN GONZÁLEZ		ABSM- 38	17:13	3:41	17:10	3:41
39	9	ANA GONZALEZ MARGARIDE	F- 1	ABSF- 1	17:14	3:41	17:14	3:41
40	369	XAQUÍN CASTRO IGLESIAS		ABSM- 39	17:16	3:42	17:09	3:40
41	341	JOSE MANUEL LOPEZ BELLAS		ABSM- 40	17:17	3:42	17:11	3:41
42	622	JAVIER VEIGA ARROJO		ABSM- 41	17:18	3:42	16:52	3:37
43	29	DAVID PEREIRA FERREIRO		ABSM- 42	17:18	3:42	17:16	3:42
44	1	IVAN DIEGUEZ BALADRON		ABSM- 43	17:21	3:43	17:13	3:41
45	703	PABLO CARNERO RODRÍGUEZ		ABSM- 44	17:24	3:43	17:20	3:43
46	463	JOSÉ LUIS LÓPEZ DIAS		ABSM- 45	17:29	3:45	17:24	3:44
47	372	JUAN LUIS MENDEZ PAZ		ABSM- 46	17:34	3:46	17:30	3:45
48	972	MIGUEL MOSCOSO LISTE		ABSM- 47	17:37	3:46	17:31	3:45
49	450	ALVARO FERNÁNDEZ RIAL		ABSM- 48	17:37	3:46	17:33	3:45
50	946	ADRIÁN REGUEIRO LÓPEZ		ABSM- 49	17:38	3:46	17:13	3:41
51	116	JESUS CORRAL MATO		ABSM- 50	17:40	3:47	17:16	3:42
52	266	MANUEL SÁNCHEZ CASTEDO		ABSM- 51	17:45	3:48	17:44	3:48
53	908	JOSÉ LUIS GRANDE VARELA		ABSM- 52	17:46	3:48	17:33	3:45
54	967	RODRIGO VAZQUEZ RODRIGUEZ		ABSM- 53	17:46	3:48	17:45	3:48
55	430	PABLO TEJOU LOPEZ		ABSM- 54	17:47	3:48	17:39	3:47
56	339	JOSÉ ÁLVAREZ LENCE		ABSM- 55	17:48	3:49	17:47	3:48
57	342	BRAIS GARCIA VALIN		ABSM- 56	17:49	3:49	17:46	3:48
58	209	JOSE ANTONIO LOPEZ PUENTE		ABSM- 57	17:50	3:49	17:41	3:47
59	181	DANIEL DARRIBA BELMONTE		ABSM- 58	17:51	3:49	17:46	3:48
60	963	AITOR TOTORICABUENA ANTAS		ABSM- 59	17:53	3:50	17:50	3:49
61	80	JUAN CARLOS PERTIERRA FERNANDEZ		ABSM- 60	17:56	3:50	17:52	3:49
62	493	DIEGO TRIGO CASTEDO		ABSM- 61	17:56	3:50	17:52	3:49
63	409	LUÍS FERNÁNDEZ VEIGA		ABSM- 62	17:57	3:50	17:57	3:50
64	614	JUAN NEIRA TALAVERA		ABSM- 63	18:07	3:53	17:57	3:51
65	1000	EMILIO VEIGA PIÑONES		ABSM- 64	18:08	3:53	18:05	3:52
66	140	ADRIÁN ÁLVAREZ MOSQUERA		ABSM- 65	18:09	3:53	18:08	3:53
67	993	PABLO GARCIA FREIRE		ABSM- 66	18:10	3:53	17:57	3:51
68	810	MARCOS CODESAL JUL		ABSM- 67	18:11	3:53	18:06	3:52
69	367	IAGO CAEIRO MARIÑO		ABSM- 68	18:11	3:54	18:08	3:53
70	301	ALBERTO LOPEZ PRADO		ABSM- 69	18:12	3:54	18:00	3:51
71	118	MARCO ANTONIO CARBALLED0 SALGADO		ABSM- 70	18:12	3:54	17:56	3:50
72	358	PAULA CASTRO-GIL LÓPEZ	F- 2	ABSF- 2	18:12	3:54	18:10	3:53
73	324	MANUEL ARIAS VEIGA		ABSM- 71	18:13	3:54	18:13	3:54
74	244	ALFONSO PEREZ SANFIZ		ABSM- 72	18:14	3:54	18:09	3:53
75	237	RUBÉN REIGADA SEIJO		ABSM- 73	18:15	3:54	18:06	3:52
76	114	JOSE MANUEL CARREIRA NUÑEZ		ABSM- 74	18:16	3:55	18:12	3:54
77	335	ALBERTO CELA PENELO		ABSM- 75	18:16	3:55	17:48	3:49

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Pto	Dorsal	Nombre	Sx	PtoCat	T. Oficial	RitmoKm	T. Real	RitKmReal
78	10	JUAN JESÚS FERNÁNDEZ FLORES		ABSM- 76	18:17	3:55	18:16	3:55
79	629	CARLOTA ANSEDE MORENO	F- 3	ABSF- 3	18:17	3:55	18:14	3:54
80	730	ALEX VAZQUEZ MENDEZ		ABSM- 77	18:18	3:55	18:14	3:54
81	274	JOSÉ LUIS FREIRE REGUEIRO		ABSM- 78	18:19	3:55	18:09	3:53
82	458	HÉCTOR IGLESIAS MASIDE		ABSM- 79	18:19	3:55	18:14	3:54
83	465	JOSÉ LUIS LÓPEZ FERNÁNDEZ		ABSM- 80	18:20	3:55	18:14	3:54
84	292	ADOLFO LOPEZ CABADO		ABSM- 81	18:21	3:56	18:16	3:55
85	5	PABLO MENDEZ TOURAL		ABSM- 82	18:24	3:56	18:20	3:55
86	61	MARCOS VAZQUEZ PAMPIN		ABSM- 83	18:25	3:57	18:06	3:52
87	312	JOSE MURADO PRIETO		ABSM- 84	18:28	3:57	18:05	3:52
88	973	JOSE LUIS SANTOS FERREIRO		ABSM- 85	18:29	3:57	18:27	3:57
89	422	JULIO DIAZ DIAZ		ABSM- 86	18:29	3:57	18:24	3:56
90	388	JOSÉ RAMÓN REY RUIZ		ABSM- 87	18:29	3:57	18:22	3:56
91	304	OSCAR GONZALEZ MENDEZ		ABSM- 88	18:30	3:58	18:18	3:55
92	454	JAVIER FREÁN FERNÁNDEZ		ABSM- 89	18:30	3:58	18:27	3:57
93	238	JOSE CORTON GONZALEZ		ABSM- 90	18:31	3:58	18:21	3:56
94	426	ELISEO MOREDA NUÑEZ		ABSM- 91	18:33	3:58	18:28	3:57
95	736	JON ANDER GONZALEZ SANTIAGO		ABSM- 92	18:34	3:59	18:11	3:54
96	38	MIGUEL REGO ROMÁN		ABSM- 93	18:36	3:59	18:33	3:58
97	20	MANUEL LOPEZ LODEIRO		ABSM- 94	18:39	3:59	18:36	3:59
98	7	FERNANDO JACOBO CARBALLIDO FERNANDEZ		ABSM- 95	18:39	3:59	18:34	3:58
99	235	FRANCISCO JOSÉ CANDIA DURÁN		ABSM- 96	18:39	3:59	18:34	3:59
100	268	FRANCISCO LOPEZ COTARELO		ABSM- 97	18:40	4:00	18:38	3:59
101	370	LUCAS PENA CUESTA		ABSM- 98	18:42	4:00	18:41	4:00
102	16	RUBÉN GONZÁLEZ LAGE		ABSM- 99	18:42	4:00	18:14	3:54
103	267	JUAN CARLOS RIVAS VARELA		ABSM- 100	18:42	4:00	18:24	3:56
104	24	ESTEBAN GOMEZ RODRIGUEZ		ABSM- 101	18:43	4:00	18:36	3:59
105	103	JOSÉ ANTONIO ÁLVAREZ FLORES		ABSM- 102	18:50	4:02	18:46	4:01
106	173	SANTIAGO CABADO ESTRAVIZ		ABSM- 103	18:52	4:02	18:50	4:02
107	815	MIGUEL DEVESA PEREZ		ABSM- 104	18:54	4:03	18:42	4:00
108	136	CARLOS GARCIA LOPEZ		ABSM- 105	18:57	4:03	18:44	4:01
109	221	JUAN MANUEL TABOADA BARREIRO		ABSM- 106	18:58	4:03	18:53	4:02
110	625	JUAN CARLOS VARELA TRIGO		ABSM- 107	19:00	4:04	18:49	4:02
111	460	FLAVIO LOMBARDÍA TOIRÁN		ABSM- 108	19:00	4:04	18:48	4:01
112	456	HECTOR GONZÁLEZ LÓPEZ		ABSM- 109	19:00	4:04	18:49	4:02
113	910	IVÁN GUITIÁN LEIZÁN		ABSM- 110	19:01	4:04	18:55	4:03
114	329	JORGE CANCIO FERNÁNDEZ		ABSM- 111	19:02	4:04	18:55	4:03
115	681	JESÚS RODRÍGUEZ POCIÑA		ABSM- 112	19:03	4:05	18:58	4:03
116	45	MANUEL FOUCE LÓPEZ		ABSM- 113	19:03	4:05	18:43	4:00
117	150	MARIO FOLGUEIRA RODRÍGUEZ		ABSM- 114	19:04	4:05	18:58	4:04
118	128	ALBERTO LOPEZ VAZQUEZ		ABSM- 115	19:05	4:05	18:58	4:04
119	166	JESUS DIAZ PIÑEIRO		ABSM- 116	19:06	4:05	19:00	4:04
120	92	JESUS VARELA LODEIRO		ABSM- 117	19:07	4:05	19:05	4:05
121	473	GONZALO PARDEIRO AMIL		ABSM- 118	19:08	4:06	18:35	3:59
122	276	DAMIAN ABELLAN YEPES		ABSM- 119	19:08	4:06	19:04	4:05
123	230	OSCAR FREIRE CORDERO		ABSM- 120	19:08	4:06	18:59	4:04
124	448	RUBEN FERNANDEZ CASANOVA		ABSM- 121	19:08	4:06	18:40	4:00
125	168	JOSÉ MANUEL RODRIGUEZ ESPÍNEIRA		ABSM- 122	19:08	4:06	19:02	4:04
126	328	PABLO VILA MAYOR		ABSM- 123	19:09	4:06	19:03	4:05
127	893	RAUL DA PEREIRA ROUCO		ABSM- 124	19:09	4:06	19:00	4:04
128	808	ÁLVARO ARMESTO RODRÍGUEZ		ABSM- 125	19:09	4:06	18:56	4:03
129	155	MARIA LUZ BASANTA BAL	F- 4	ABSF- 4	19:11	4:06	19:09	4:06
130	261	PAULO GRANDÍO MONTES		ABSM- 126	19:11	4:06	18:35	3:59
131	302	ROBERTO BANDE RAMUDO		ABSM- 127	19:12	4:07	19:01	4:04
132	628	ADRIAN VAZQUEZ LOMBARDIA		ABSM- 128	19:15	4:07	19:15	4:07
133	434	KÁROLA BOHME -	F- 5	ABSF- 5	19:16	4:07	19:13	4:07
134	400	JAVIER CASTRO PUMARES		ABSM- 129	19:16	4:07	19:07	4:05
135	8	MARCO ANTONIO DIAZ LOPEZ		ABSM- 130	19:16	4:07	19:11	4:06
136	156	JOSE RAMÓN CAMPOS DIAZ		ABSM- 131	19:16	4:07	19:07	4:06
137	212	CARLOS ALVAREZ FERNANDEZ		ABSM- 132	19:19	4:08	19:12	4:07
138	172	EMMA IGLESIAS PENELAS	F- 6	ABSF- 6	19:20	4:08	19:18	4:08
139	208	JESÚS REY GRAÑA		ABSM- 133	19:22	4:09	19:08	4:06
140	151	LEANDRO ENRÍQUEZ SILVOSA		ABSM- 134	19:23	4:09	19:11	4:06
141	903	IÑAKI GONZÁLEZ DE ISUSI		ABSM- 135	19:23	4:09	19:08	4:06
142	214	ALEX SÁNCHEZ CELA		ABSM- 136	19:26	4:09	19:24	4:09
143	2	JOSE MANUEL FOLGUEIRA PICO		ABSM- 137	19:26	4:10	19:17	4:08
144	60	VICENTE SANMARTIN VIGO		ABSM- 138	19:26	4:10	19:25	4:09
145	485	OSCAR RODRIGUEZ FERNANDEZ		ABSM- 139	19:26	4:10	19:22	4:09
146	618	PABLO IRIMIA REGA		ABSM- 140	19:27	4:10	19:22	4:09
147	120	JAIMÉ VARELA VIÑA		ABSM- 141	19:27	4:10	19:21	4:08
148	236	JUANJO ORTEGA ORTEGA		ABSM- 142	19:31	4:11	19:25	4:09
149	709	ANA VALLINES FERNANDEZ	F- 7	ABSF- 7	19:32	4:11	19:28	4:10
150	310	ALBERTO SECO GALLO		ABSM- 143	19:33	4:11	19:09	4:06
151	287	JESÚS GONZÁLEZ LÓPEZ		ABSM- 144	19:33	4:11	19:28	4:10
152	1006	ALEJANDRO MIGUEZ RUANOVA		ABSM- 145	19:33	4:11	19:20	4:08
153	997	MIGUEL LOPEZ PALACIOS		ABSM- 146	19:33	4:11	19:24	4:09
154	996	ALEJANDRO FEIJOO GUERRERO		ABSM- 147	19:33	4:11	19:24	4:09

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Pto	Dorsal	Nombre	Sx	PtoCat	T. Oficial	RitmoKm	T. Real	RitKmReal
155	827	JORGE DE LA FUENTE REQUEJO		ABSM- 148	19:35	4:12	19:26	4:10
156	436	DANIEL BUIDE GÓMEZ		ABSM- 149	19:37	4:12	19:19	4:08
157	148	OSCAR CASTEDO DOMINGUEZ		ABSM- 150	19:37	4:12	19:33	4:11
158	854	YELCO CHANTRES LEGASPI		ABSM- 151	19:37	4:12	19:10	4:06
159	43	PEPE RODRIGUEZ NOVO		ABSM- 152	19:38	4:12	19:33	4:11
160	984	JUAN JOSE FERNANDEZ RODRIGUEZ		ABSM- 153	19:39	4:12	19:27	4:10
161	376	ANGEL CARREIRA SOMOZA		ABSM- 154	19:41	4:13	19:28	4:10
162	394	MANUEL VILA CARBALLEDO		ABSM- 155	19:45	4:14	19:42	4:13
163	35	FRANCISCO JAVIER SANTAMARIA LORENZO		ABSM- 156	19:47	4:14	19:30	4:10
164	225	JOSE MANUEL MARTINEZ FERNANDEZ		ABSM- 157	19:49	4:14	19:38	4:12
165	146	JOSE DE LA FUENTE REQUEJO		ABSM- 158	19:50	4:15	19:41	4:13
166	381	OSCAR DOMINGUEZ RODRIGUEZ		ABSM- 159	19:51	4:15	19:22	4:09
167	110	ANTONIO DOMINGUEZ PEREZ		ABSM- 160	19:51	4:15	19:22	4:09
168	21	NONITO ÁNGEL BERMÚDEZ FERNÁNDEZ		ABSM- 161	19:51	4:15	19:44	4:13
169	961	EMILIO TARRÍO OTERO		ABSM- 162	19:52	4:15	19:52	4:15
170	710	MARIÑA SALVATIERRA OTERO	F- 8	ABSF- 8	19:52	4:15	19:34	4:11
171	179	ANGEL ANTONIO FERNÁNDEZ RAMOS		ABSM- 163	19:52	4:15	19:32	4:11
172	154	JORGE JOSE RICO RICO		ABSM- 164	19:54	4:15	19:47	4:14
173	795	DANIEL GÓMEZ MAGIDE		ABSM- 165	19:55	4:16	19:52	4:15
174	446	PEDRO FARIÑAS DIAZ		ABSM- 166	19:57	4:16	19:44	4:13
175	679	CARLOS PAILLET LOPEZ		ABSM- 167	19:58	4:16	19:44	4:13
176	711	UXIA SALVATIERRA OTERO	F- 9	ABSF- 9	19:59	4:17	19:41	4:13
177	930	MANUEL OTERO BARGOS		ABSM- 168	20:03	4:17	19:52	4:15
178	251	TANIA LÓPEZ BUSTO	F- 10	ABSF- 10	20:04	4:18	19:58	4:16
179	153	CARLA FERNANDEZ CORBELLE	F- 11	ABSF- 11	20:05	4:18	19:51	4:15
180	94	JOSE RAMON GRANDAS LOPEZ		ABSM- 169	20:05	4:18	19:42	4:13
181	194	MYRIAN LÓPEZ MULET	F- 12	ABSF- 12	20:06	4:18	19:52	4:15
182	478	ALFONSO PÉREZ MARTINEZ		ABSM- 170	20:06	4:18	19:55	4:16
183	866	MIGUEL TRASHORRAS LAMELA		ABSM- 171	20:07	4:18	19:58	4:16
184	319	JOSE QUIROGA GARCIA		ABSM- 172	20:07	4:18	19:46	4:14
185	331	AGUSTÍN ARES GARCÍA		ABSM- 173	20:09	4:19	19:57	4:16
186	299	ÁLVARO MEILÁN PACIO		ABSM- 174	20:09	4:19	19:56	4:16
187	175	JOSE REGO ROMAN		ABSM- 175	20:10	4:19	20:07	4:18
188	970	ADRIÁN VILLARES VÁZQUEZ		ABSM- 176	20:10	4:19	19:37	4:12
189	231	HUGO PENAL VALIÑO		ABSM- 177	20:11	4:19	19:59	4:17
190	246	ALBERTO VÁZQUEZ VÁZQUEZ		ABSM- 178	20:12	4:19	19:37	4:12
191	250	SUSANA FERNANDEZ COPA	F- 13	ABSF- 13	20:15	4:20	20:05	4:18
192	402	JOSE MILLARES DARRIBA		ABSM- 179	20:16	4:20	19:37	4:12
193	821	ALVARO GASALLA CADÓRNIGA		ABSM- 180	20:16	4:20	19:47	4:14
194	769	MARTIN ALVAREZ DURANDEZ		ABSM- 181	20:18	4:21	19:59	4:17
195	469	MIGUEL MARCIEL CALAZA		ABSM- 182	20:20	4:21	20:07	4:18
196	248	MANUEL CARBALLAL DIAZ CARBALLAL DIAZ		ABSM- 183	20:20	4:21	19:57	4:16
197	425	CRISTINA AZANZA MORENO	F- 14	ABSF- 14	20:21	4:21	20:13	4:20
198	70	JOSE CARLOS MILLARES DOMENECH		ABSM- 184	20:22	4:21	20:09	4:19
199	283	JOSE LUIS PRESAS NAVEIRA		ABSM- 185	20:22	4:22	19:35	4:11
200	241	JOSÉ ANTONIO RUIZ DE VALBUENA BUENO		ABSM- 186	20:23	4:22	20:03	4:18
201	336	RUBEN BELLO DOVAL		ABSM- 187	20:23	4:22	19:48	4:14
202	859	RAFAEL VIÑA LISTE		ABSM- 188	20:23	4:22	20:11	4:19
203	1015	MARTIN MENDEZ LOPEZ		ABSM- 189	20:27	4:23	20:07	4:18
204	184	IVÁN LÓPEZ GALLEGO		ABSM- 190	20:27	4:23	20:10	4:19
205	464	FRANCISCO LÓPEZ DOCE		ABSM- 191	20:29	4:23	19:34	4:11
206	348	JUAN JOSE FERNANDEZ PIÑEIRO		ABSM- 192	20:29	4:23	19:45	4:14
207	347	AGOSTIÑO REIGOSA LOMBAO		ABSM- 193	20:29	4:23	19:51	4:15
208	90	JOSÉ LUIS LÓPEZ LÓPEZ		ABSM- 194	20:29	4:23	20:18	4:21
209	809	RAFAEL MACEDA BLANCO		ABSM- 195	20:30	4:23	19:32	4:11
210	623	JESÚS LORENZO LÓPEZ		ABSM- 196	20:31	4:23	20:09	4:19
211	256	MAURO CASTELO CUESTA		ABSM- 197	20:32	4:24	20:08	4:18
212	286	GONZALO NUÑEZ CORREDOIRA		ABSM- 198	20:32	4:24	19:50	4:15
213	47	ALEJANDRO FERREIRO VARELA		ABSM- 199	20:33	4:24	20:05	4:18
214	822	CARLOS GASALLA CADÓRNIGA		ABSM- 200	20:34	4:24	20:05	4:18
215	914	PABLO LOPEZ GIL		ABSM- 201	20:34	4:24	20:09	4:19
216	492	JOSE TORRE LOSADA		ABSM- 202	20:35	4:24	19:48	4:14
217	320	FRANCISCO JOSE LOPEZ REY		ABSM- 203	20:36	4:24	20:33	4:24
218	105	MIGUEL CARBALLADA RODRIGUEZ		ABSM- 204	20:36	4:25	20:13	4:20
219	410	JOSÉ LUIS FERNÁNDEZ PEÑAMARÍA		ABSM- 205	20:37	4:25	20:12	4:19
220	3	JOSE LUIS GONZALEZ PEREZ		ABSM- 206	20:41	4:26	20:26	4:22
221	308	ROI GONZÁLEZ VILAR		ABSM- 207	20:43	4:26	19:49	4:14
222	800	MANUEL BARRAL RODRÍGUEZ		ABSM- 208	20:43	4:26	20:16	4:20
223	674	RUBÉN ÁNGEL ROCA CANCIO		ABSM- 209	20:43	4:26	20:13	4:20
224	699	JOSE MANUEL AIRA RODRÍGUEZ		ABSM- 210	20:45	4:26	20:10	4:19
225	200	ANTONIO LÓPEZ BARRIO		ABSM- 211	20:45	4:26	20:42	4:26
226	401	EDUARDO FERNANDEZ FERNANDEZ		ABSM- 212	20:45	4:26	20:40	4:25
227	122	NOEMI CARRO PAZ	F- 15	ABSF- 15	20:47	4:27	20:20	4:21
228	170	VÍCTOR LÓPEZ BELLO		ABSM- 213	20:48	4:27	20:21	4:21
229	718	MARCOS TRIGO QUIROGA		ABSM- 214	20:50	4:27	19:38	4:12
230	311	ROCÍO NOVO BARROS	F- 16	ABSF- 16	20:51	4:28	20:39	4:25
231	612	JESUS JAVIER GONZALEZ CASTELO		ABSM- 215	20:52	4:28	20:17	4:20

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Prueba Absoluta. Distancia: 4.680 m

Pto	Dorsal	Nombre	Sx	PtoCat	T. Oficial	RitmoKm	T. Real	RitKmReal
232	727	PABLO RANCAÑO OTERO		ABSM- 216	20:55	4:29	20:44	4:26
233	53	JULIO FORNEAS RODRIGUEZ		ABSM- 217	20:56	4:29	20:46	4:27
234	253	EDUARDO FEIJÓO TRIGO		ABSM- 218	20:56	4:29	20:55	4:29
235	689	MARCOS EDROSA SEIJO		ABSM- 219	20:57	4:29	20:03	4:17
236	224	PABLO GONZALEZ VAZQUEZ		ABSM- 220	20:57	4:29	20:41	4:26
237	245	JESÚS CASTRO LÓPEZ		ABSM- 221	20:58	4:29	20:37	4:25
238	851	RAMÓN FERNÁNDEZ DACAL		ABSM- 222	20:59	4:29	20:20	4:21
239	443	JUAN CARLOS DOVAL QUIÑONES		ABSM- 223	20:59	4:30	20:51	4:28
240	716	NEMESIO GUTIÉRREZ GONZÁLEZ		ABSM- 224	21:00	4:30	20:13	4:20
241	1019	LEANDRO ESPOSITO FERNANDEZ		ABSM- 225	21:00	4:30	20:28	4:23
242	1018	ROBERTO SANCHEZ RABADI		ABSM- 226	21:00	4:30	20:30	4:23
243	484	JOSE LUIS RODRIGUEZ DEL RIO		ABSM- 227	21:00	4:30	20:42	4:26
244	222	CARLOS FANJUL MORI		ABSM- 228	21:02	4:30	20:40	4:25
245	1014	SIN DATOS DEL DORSAL 1014		ABSM- 229	21:02	4:30	20:33	4:24
246	203	ROBERTO RIELO IGLESIAS		ABSM- 230	21:04	4:30	19:52	4:15
247	837	XAVIER REBOLO JUL		ABSM- 231	21:06	4:31	20:46	4:27
248	406	JOSE CARLOS MEJUTO SUÁREZ		ABSM- 232	21:07	4:31	20:20	4:21
249	613	MANUEL JATO REIJA		ABSM- 233	21:08	4:31	20:45	4:26
250	912	FERNANDO LINARES VARELA		ABSM- 234	21:08	4:31	20:46	4:27
251	141	PABLO FERREIRO PENA		ABSM- 235	21:11	4:32	20:57	4:29
252	424	EDUARDO BARRAL PRADO		ABSM- 236	21:12	4:32	20:58	4:29
253	763	RENÉ VELASCO VILLA		ABSM- 237	21:13	4:32	20:46	4:27
254	36	JUAN FRANCISCO INSUA ESMORIS-RECAMAN		ABSM- 238	21:14	4:33	21:01	4:30
255	377	JULIO CESAR KLEIN LOPEZ		ABSM- 239	21:15	4:33	20:47	4:27
256	139	JOSÉ ÁNGEL VÁZQUEZ REY		ABSM- 240	21:16	4:33	20:40	4:25
257	1026	SIN DATOS DEL DORSAL 1026		ABSM- 241	21:17	4:33	20:37	4:25
258	431	GONZALO ÁLVAREZ PRADO		ABSM- 242	21:17	4:33	21:14	4:33
259	161	JESUS DEIROS TELO		ABSM- 243	21:18	4:33	20:53	4:28
260	398	RAUL LEGASPI ABELAIRA		ABSM- 244	21:19	4:34	20:40	4:25
261	18	LOLI PIÑEIRO RODRÍGUEZ	F- 17	ABSF- 17	21:19	4:34	20:59	4:29
262	416	JOSE ANTONIO SANTISO SEOANE		ABSM- 245	21:20	4:34	21:01	4:30
263	55	ABEL CABEZUDO FERNÁNDEZ		ABSM- 246	21:20	4:34	20:32	4:24
264	131	MANUEL RAMIRO RODRÍGUEZ RODRÍGUEZ		ABSM- 247	21:21	4:34	20:58	4:29
265	364	JORGE LOPEZ SANTAMARIA		ABSM- 248	21:21	4:34	21:02	4:30
266	177	JULIO GONZÁLEZ LOPEZ		ABSM- 249	21:21	4:34	20:38	4:25
267	34	PEDRO LUCAS MOLINA		ABSM- 250	21:21	4:34	21:10	4:32
268	658	PEDRO LASTRA FERNANDEZ		ABSM- 251	21:22	4:34	21:16	4:33
269	390	LUIS DIAZ DIAZ		ABSM- 252	21:22	4:34	20:59	4:29
270	954	SUSO RODRÍGUEZ RODRÍGUEZ		ABSM- 253	21:23	4:34	20:44	4:26
271	15	JESUS VILA REY		ABSM- 254	21:24	4:35	20:55	4:29
272	489	DIEGO ROZAS FERREIRO		ABSM- 255	21:24	4:35	20:58	4:29
273	987	MIGUEL RODRIGUEZ CORRAL		ABSM- 256	21:25	4:35	21:09	4:32
274	264	MANUEL SÁNCHEZ ROUCO		ABSM- 257	21:25	4:35	21:15	4:33
275	449	RUBEN FERNANDEZ RODRIGUEZ		ABSM- 258	21:25	4:35	20:51	4:28
276	121	RUBÉN VÁZQUEZ PARADA		ABSM- 259	21:26	4:35	20:57	4:29
277	483	ISIDRO RODRIGUEZ CASTRO		ABSM- 260	21:29	4:36	20:15	4:20
278	228	DAVID PENA SILVA		ABSM- 261	21:30	4:36	20:54	4:28
279	412	NESTOR ARIAS PAZ		ABSM- 262	21:30	4:36	20:55	4:29
280	218	ALBERTO CARBALLIDO FALCÓN		ABSM- 263	21:31	4:36	20:58	4:29
281	307	JOSE CARLOS LOPEZ PAZOS		ABSM- 264	21:33	4:37	20:19	4:21
282	438	MANUEL CASTRO BALEA		ABSM- 265	21:34	4:37	21:25	4:35
283	106	PABLO GÓMEZ ZAS		ABSM- 266	21:34	4:37	21:01	4:30
284	1022	MATEOS AIER GARCIA		ABSM- 267	21:37	4:37	20:51	4:28
285	428	PEDRO ANTONIO LUNA VEGA		ABSM- 268	21:40	4:38	20:51	4:28
286	51	AGUSTIN LAGO LAGO		ABSM- 269	21:41	4:38	21:08	4:31
287	923	OSCAR MARTINEZ ROLDAN		ABSM- 270	21:42	4:39	21:07	4:31
288	609	SANTIAGO FIALLEGA ESCAURIAZA		ABSM- 271	21:44	4:39	21:08	4:31
289	968	FERNANDO VEIGA DOPICO		ABSM- 272	21:44	4:39	20:32	4:24
290	176	JOSE CARLOS ARIAS LOPEZ		ABSM- 273	21:45	4:39	21:03	4:30
291	714	ERNESTO CORBELLE CONDE		ABSM- 274	21:47	4:40	21:33	4:37
292	89	MARCOS NEIRA RODRÍGUEZ		ABSM- 275	21:48	4:40	21:08	4:31
293	395	ROCÍO GANDYO SOENGAS	F- 18	ABSF- 18	21:51	4:40	21:49	4:40
294	277	JUAN JOSÉ PINEDO QUIRCE		ABSM- 276	21:51	4:41	21:26	4:35
295	682	RUBEN SEIJAS CABARCOS		ABSM- 277	21:52	4:41	21:23	4:35
296	952	PABLO RODRIGUEZ GRANDA		ABSM- 278	21:52	4:41	21:29	4:36
297	777	MIGUEL ANGEL CAMPOS TRASHORRAS		ABSM- 279	21:52	4:41	21:33	4:37
298	355	AGUSTIN CASAS CARREIRA		ABSM- 280	21:55	4:41	21:27	4:35
299	391	FRANCISCO JAVIER RODRÍGUEZ VEIGA		ABSM- 281	21:55	4:41	21:38	4:38
300	327	DIEGO VILANOVA DACOSTA		ABSM- 282	21:57	4:42	21:43	4:39
301	54	ANTONIO RIO LOMBARDEO		ABSM- 283	21:58	4:42	21:43	4:39
302	990	CARLOS SUENGAS LOPEZ		ABSM- 284	21:58	4:42	21:42	4:38
303	754	MIGUEL MERA VILLANUEVA		ABSM- 285	21:59	4:42	21:28	4:36
304	692	SARA CARRACEDO VICENTE	F- 19	ABSF- 19	22:00	4:42	21:56	4:41
305	223	JESUS PARGA ESPOSITO		ABSM- 286	22:00	4:43	21:48	4:40
306	242	ISABEL MASEDA FRAGA	F- 20	ABSF- 20	22:00	4:43	21:48	4:40
307	215	JUAN CARLOS VILAR RODRÍGUEZ		ABSM- 287	22:01	4:43	21:43	4:39
308	360	PABLO MONTES ROIS		ABSM- 288	22:02	4:43	21:29	4:36

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Pto	Dorsal	Nombre	Sx	PtoCat	T. Oficial	RitmoKm	T. Real	RitKmReal
309	293	OSCAR FERNANDEZ FERNANDEZ		ABSM- 289	22:03	4:43	21:09	4:32
310	980	JUAN CARLOS LOPEZ REDONDO		ABSM- 290	22:03	4:43	21:51	4:41
311	429	ROBERTO CARLOS RIVAS GRANDA		ABSM- 291	22:04	4:43	21:43	4:39
312	722	ANA LOZANO VAZQUEZ	F- 21	ABSF- 21	22:05	4:43	22:02	4:43
313	174	JOSÉ LÓPEZ RIOPEDRE		ABSM- 292	22:05	4:43	21:48	4:40
314	1017	MIGUEL BROZOS VAZQUEZ		ABSM- 293	22:07	4:44	21:01	4:30
315	1016	IVAN VARELA VARELA		ABSM- 294	22:07	4:44	22:02	4:43
316	82	LAURA BOUDÓN LÓPEZ	F- 22	ABSF- 22	22:08	4:44	21:36	4:37
317	900	MARCOS GASCON CARREIRA		ABSM- 295	22:09	4:44	20:58	4:29
318	346	JESUS RODRIGUEZ TORRES		ABSM- 296	22:09	4:44	21:42	4:39
319	909	DAVID GRAÑA PARGA		ABSM- 297	22:09	4:44	20:52	4:28
320	421	JOSE RODRIGUEZ GAYOSO		ABSM- 298	22:10	4:45	21:51	4:41
321	152	BRUNO FERNÁNDEZ CELA		ABSM- 299	22:10	4:45	21:52	4:41
322	202	TOMAS MENDEZ RODRIGUEZ		ABSM- 300	22:10	4:45	21:54	4:41
323	263	ABEL AMIGO DIGON		ABSM- 301	22:12	4:45	21:48	4:40
324	664	MONICA DIAZ FERNANDEZ	F- 23	ABSF- 23	22:13	4:45	22:04	4:43
325	298	LOIS SEIJO CASTRO		ABSM- 302	22:13	4:45	21:38	4:38
326	995	JESUS ANTONIO LENS BLANCO		ABSM- 303	22:13	4:45	21:57	4:42
327	706	ANXO EDROSA VEIGA		ABSM- 304	22:13	4:45	22:08	4:44
328	316	FRANCISCO NIETO NEGRAL		ABSM- 305	22:14	4:45	21:33	4:37
329	488	OMAR ROIS NUÑEZ		ABSM- 306	22:15	4:46	21:43	4:39
330	913	ANTONIO LOPEZ FERNANDEZ		ABSM- 307	22:16	4:46	21:46	4:40
331	297	ALEJANDRO PALLARES VILAR		ABSM- 308	22:16	4:46	22:10	4:45
332	384	MARCOS VILAR RODRÍGUEZ		ABSM- 309	22:17	4:46	22:00	4:42
333	164	CARMEN NOVO VARELA	F- 24	ABSF- 24	22:17	4:46	22:14	4:45
334	1024	SIN DATOS DEL DORSAL 1024		ABSM- 310	22:19	4:47	21:37	4:38
335	206	IVÁN IGLESIAS MARTÍNEZ		ABSM- 311	22:19	4:47	21:38	4:38
336	227	ESTEBAN ÁLVAREZ VARELA		ABSM- 312	22:20	4:47	21:58	4:42
337	687	MIGUEL LASTRA LODOS		ABSM- 313	22:21	4:47	22:09	4:44
338	957	KARLOS SALVADOR BERMEJO		ABSM- 314	22:21	4:47	21:58	4:42
339	470	EMILIO MANUEL MARTINEZ PEREZ		ABSM- 315	22:23	4:47	22:04	4:43
340	761	DAVID BARRO VILLARES		ABSM- 316	22:23	4:47	21:40	4:38
341	1004	JACOBO SALGADO PAZ		ABSM- 317	22:24	4:48	21:58	4:42
342	659	MARCOS VIDAL CARBALLAL		ABSM- 318	22:25	4:48	21:54	4:41
343	11	FRANCISCO OTERO VEIGA		ABSM- 319	22:26	4:48	22:06	4:44
344	338	JOSE ANTONIO MUIÑA LÓPEZ		ABSM- 320	22:27	4:48	21:34	4:37
345	282	Mª SONIA VÁZQUEZ VILABRILLE	F- 25	ABSF- 25	22:28	4:48	21:47	4:40
346	786	PABLO NEIRA VÁZQUEZ		ABSM- 321	22:28	4:48	21:36	4:37
347	840	GORKA RIVAS GONCALVES		ABSM- 322	22:31	4:49	22:25	4:48
348	113	Mª LUZ RIO LOPEZ	F- 26	ABSF- 26	22:34	4:50	22:18	4:46
349	471	ANDRÉS MÉNDEZ RODRÍGUEZ		ABSM- 323	22:34	4:50	21:24	4:35
350	964	PABLO VARELA ARROJO		ABSM- 324	22:35	4:50	22:06	4:44
351	252	FRANCISCO COTARELO SUAREZ		ABSM- 325	22:38	4:51	22:21	4:47
352	232	TANIA CAMPO EXPÓSITO	F- 27	ABSF- 27	22:39	4:51	21:58	4:42
353	167	EMILIO GONTÁ PEREIRO		ABSM- 326	22:40	4:51	22:39	4:51
354	259	ANTONIO CAMPANÓN SANJURJO		ABSM- 327	22:41	4:51	22:17	4:46
355	476	MARIA PEREIRA FERREIRO	F- 28	ABSF- 28	22:41	4:51	21:45	4:39
356	985	ROBERTO MOURIZ MENDEZ		ABSM- 328	22:44	4:52	22:28	4:48
357	198	MARÍA PUMARIÑO SANFIZ	F- 29	ABSF- 29	22:45	4:52	22:15	4:46
358	350	JOSÉ RAMÓN NEGRO VARELA		ABSM- 329	22:48	4:53	22:28	4:48
359	707	MARTA ALONSO MOURELLE	F- 30	ABSF- 30	22:51	4:53	22:33	4:49
360	942	LORENZO PRIETO GARCÍA		ABSM- 330	22:52	4:54	22:08	4:44
361	830	JUAN DANIEL GORGOSO FERNÁNDEZ GORGO		ABSM- 331	22:54	4:54	22:38	4:51
362	453	SANDRA FERNÁNDEZ YAÑEZ	F- 31	ABSF- 31	22:54	4:54	22:47	4:52
363	382	ALEJANDRO FERRERIA PORTOMEÑE		ABSM- 332	22:54	4:54	22:33	4:50
364	731	JOSE ANGEL FELPETO RODRIGUEZ		ABSM- 333	22:54	4:54	22:34	4:50
365	452	NURIA FERNÁNDEZ YAÑEZ	F- 32	ABSF- 32	22:54	4:54	22:47	4:52
366	663	SERGIO PELLITERO RODRÍGUEZ		ABSM- 334	22:55	4:54	21:57	4:42
367	87	MANUEL IGNACIO CASTRO-GIL IGLESIAS		ABSM- 335	22:55	4:54	22:24	4:48
368	662	ALBERTO PELLITERO FERNÁNDEZ		ABSM- 336	22:56	4:54	21:55	4:41
369	204	LARA CASTRO DÍAZ	F- 33	ABSF- 33	22:56	4:55	22:30	4:49
370	74	JOSE RAMON LOPEZ VAZQUEZ		ABSM- 337	22:57	4:55	22:09	4:44
371	640	CARLOS ARIEL SOUTO MARUCHO		ABSM- 338	22:58	4:55	21:42	4:39
372	22	SOFÍA OBARRIO FERNÁNDEZ	F- 34	ABSF- 34	22:58	4:55	22:35	4:50
373	741	EVA RIOS COBAS RIOS COBAS	F- 35	ABSF- 35	22:58	4:55	22:44	4:52
374	931	BORIS OTERO FERNANDEZ		ABSM- 339	22:59	4:55	22:34	4:50
375	67	MARCOS CARRAL SUÁREZ		ABSM- 340	22:59	4:55	22:34	4:50
376	280	PABLO RODIL CARREIRA		ABSM- 341	23:01	4:56	21:58	4:42
377	423	PABLO ABUIN RATON		ABSM- 342	23:02	4:56	22:21	4:47
378	750	TANIA ARIAS PIÑEIRO	F- 36	ABSF- 36	23:03	4:56	23:02	4:56
379	757	CARLA MOURELLE TEJEIRO	F- 37	ABSF- 37	23:05	4:56	22:46	4:52
380	676	EMILIO LOPEZ PIÑEIRO		ABSM- 343	23:05	4:56	23:05	4:56
381	97	ANGEL BARRIO RODRÍGUEZ		ABSM- 344	23:06	4:57	22:40	4:51
382	386	SANDRA MUIÑA CRENDE	F- 38	ABSF- 38	23:07	4:57	22:39	4:51
383	742	MANUEL ANTONIO ARES LOMBAO		ABSM- 345	23:08	4:57	22:24	4:48
384	626	OSCAR PEREZ ARES		ABSM- 346	23:08	4:57	22:22	4:47
385	885	ABEL CARBALLÉS VIDAL		ABSM- 347	23:11	4:58	21:59	4:42

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Pto	Dorsal	Nombre	Sx	PtoCat	T. Oficial	RitmoKm	T. Real	RitKmReal
386	835	JUSTO BESTEIRO FERNÁNDEZ		ABSM- 348	23:11	4:58	22:29	4:49
387	371	ARACELI LOSADA VIAN	F- 39	ABSF- 39	23:13	4:58	22:52	4:54
388	427	JOSE LUIS AMIGO DIGON		ABSM- 349	23:14	4:58	22:24	4:48
389	801	PABLO FERNÁNDEZ LÓPEZ		ABSM- 350	23:15	4:58	22:27	4:48
390	191	MARÍA FUCIÑOS PÉREZ	F- 40	ABSF- 40	23:15	4:59	22:53	4:54
391	195	CARLOTA IRIMIA LÓPEZ	F- 41	ABSF- 41	23:15	4:59	23:05	4:56
392	39	VERONICA MADARRO MENDEZ	F- 42	ABSF- 42	23:16	4:59	22:36	4:50
393	989	RAMON LUIS MOLINA REY		ABSM- 351	23:17	4:59	22:11	4:45
394	123	ALEJANDRO RODRIGUEZ ARIAS		ABSM- 352	23:18	4:59	22:55	4:54
395	829	ALBERTO REY CASTRO		ABSM- 353	23:18	4:59	22:39	4:51
396	356	FRANCISCO PENA GÓMEZ		ABSM- 354	23:19	4:59	22:13	4:45
397	392	MONICA SANCHEZ FOLE	F- 43	ABSF- 43	23:21	5:00	23:10	4:57
398	717	TANIA GARCIA NOVO	F- 44	ABSF- 44	23:21	5:00	22:47	4:52
399	373	DAMIAN MARTINEZ LÓPEZ		ABSM- 355	23:22	5:00	22:49	4:53
400	747	EVORA OZORES MOSQUERA	F- 45	ABSF- 45	23:22	5:00	23:06	4:57
401	982	SIN DATOS DEL DORSAL 982		ABSM- 356	23:22	5:00	23:10	4:57
402	482	MARIA REAL RODRIGUEZ	F- 46	ABSF- 46	23:23	5:00	23:11	4:58
403	340	JULIA ROIS BOUSO	F- 47	ABSF- 47	23:23	5:00	22:49	4:53
404	998	VICENTE CORREA DIAZ		ABSM- 357	23:25	5:01	22:31	4:49
405	850	RAUL VILLA CARO		ABSM- 358	23:25	5:01	23:19	4:59
406	726	RICARDO BESTEIRO FERNANDEZ		ABSM- 359	23:28	5:01	22:46	4:52
407	25	JOSÉ LUIS FERNÁNDEZ VIGO		ABSM- 360	23:29	5:01	22:53	4:54
408	732	MATEO ALVARINO VAZQUEZ		ABSM- 361	23:29	5:02	22:38	4:50
409	142	OLGA PAZ SEÑORANS	F- 48	ABSF- 48	23:30	5:02	22:35	4:50
410	257	XURXO FILGUEIRAS SILVA		ABSM- 362	23:31	5:02	22:40	4:51
411	334	ÁNGEL RUBÉN CARREIRA VARELA		ABSM- 363	23:32	5:02	22:22	4:47
412	73	RAMÓN M.L CABARCOS RODRÍGUEZ		ABSM- 364	23:33	5:02	22:51	4:53
413	764	LUIS MARTINEZ PEREIRA		ABSM- 365	23:34	5:02	23:10	4:57
414	649	RAQUEL GRANDIO MONTES	F- 49	ABSF- 49	23:37	5:03	22:58	4:55
415	712	XANA RGUEZ GARCIA	F- 50	ABSF- 50	23:37	5:03	22:58	4:55
416	826	JAVIER YAÑEZ CUBA		ABSM- 366	23:38	5:03	22:52	4:54
417	825	SILVIA BARRO VILLARES	F- 51	ABSF- 51	23:38	5:03	22:52	4:54
418	57	GEMA ABELLEIRA CORRAL	F- 52	ABSF- 52	23:39	5:04	22:59	4:55
419	288	CARLOS OTERO SALIDO		ABSM- 367	23:40	5:04	22:48	4:53
420	102	FRANCISCO FERNÁNDEZ VICENTE		ABSM- 368	23:40	5:04	23:08	4:57
421	475	ANGEL PENA LÓPEZ		ABSM- 369	23:45	5:05	23:03	4:56
422	849	FERNANDO LAGO LAMAS		ABSM- 370	23:45	5:05	22:42	4:51
423	981	RUBEN GARCIA ABASCAL		ABSM- 371	23:45	5:05	23:00	4:55
424	85	PABLO VAZQUEZ SANDE		ABSM- 372	23:48	5:06	23:22	5:00
425	621	LARA CANCIO FERNÁNDEZ	F- 53	ABSF- 53	23:48	5:06	23:40	5:04
426	765	MIRIAN GÓMEZ MAGIDE	F- 54	ABSF- 54	23:48	5:06	23:39	5:04
427	601	FRANCISCO JAVIER PIÑEIRO LOPEZ		ABSM- 373	23:50	5:06	23:32	5:02
428	654	OSCAR VILARIÑO FERNÁNDEZ		ABSM- 374	23:50	5:06	22:42	4:51
429	125	JORGE ALEJANDRO LOPEZ PRADO		ABSM- 375	23:50	5:06	23:01	4:55
430	26	MANUEL CEIDE SANTOS		ABSM- 376	23:51	5:06	22:44	4:52
431	1003	JOSU SANCHEZ TERRADILLO		ABSM- 377	23:51	5:06	23:17	4:59
432	171	ALFREDO VAZQUEZ SIMON		ABSM- 378	23:52	5:06	22:45	4:52
433	157	DANIEL ESPERANZA CLAUDIO		ABSM- 379	23:54	5:07	23:50	5:06
434	284	MARIA MANTIÑAN PAREDES	F- 55	ABSF- 55	23:54	5:07	23:23	5:00
435	646	MARCOS LÓPEZ RAMIL		ABSM- 380	23:54	5:07	23:33	5:02
436	901	OVIDIO GAYOSO CRUÑA		ABSM- 381	23:55	5:07	23:39	5:04
437	945	MIGUEL ANGEL REBOIRO PRADO		ABSM- 382	23:56	5:07	22:47	4:53
438	281	ALBERTO MUÑOZ HERAS		ABSM- 383	23:56	5:07	23:50	5:06
439	389	ÁNGEL SOTELO ESTEVEZ		ABSM- 384	23:58	5:08	23:21	5:00
440	138	JOSE ANTONIO FERREIRO DIAZ		ABSM- 385	24:00	5:08	23:11	4:58
441	634	BREOGÁN DOMÍNGUEZ VEGA		ABSM- 386	24:01	5:08	23:09	4:57
442	645	ANA M. GARCIA MURIAS	F- 56	ABSF- 56	24:01	5:08	23:22	5:00
443	780	IVAN MARRUBE RODRIGUEZ		ABSM- 387	24:02	5:08	24:02	5:08
444	632	INMACULADA LOPEZ BRAÑA FREIJE	F- 57	ABSF- 57	24:05	5:09	23:43	5:04
445	955	JUANJO RODRÍGUEZ VILANOVA		ABSM- 388	24:07	5:10	23:49	5:06
446	814	MIGUEL ANGEL DEVESA DEL BARRIO		ABSM- 389	24:08	5:10	23:55	5:07
447	978	BRUNO FREIJO PIÑEIRO		ABSM- 390	24:10	5:10	23:10	4:57
448	806	MARTIN CARRAL ZAPATA		ABSM- 391	24:12	5:11	23:08	4:57
449	462	ADOLFO LÓPEZ CILLERO		ABSM- 392	24:14	5:11	23:20	5:00
450	41	JESUS RODRÍGUEZ GARCÍA		ABSM- 393	24:14	5:11	23:53	5:07
451	240	ALEJANDRA ARIAS FERNÁNDEZ	F- 58	ABSF- 58	24:16	5:11	23:34	5:03
452	211	MARÍA LUZ RODRÍGUEZ GARCÍA	F- 59	ABSF- 59	24:16	5:11	23:45	5:05
453	186	SEBAS CASTRO PIÑEIRO		ABSM- 394	24:16	5:12	24:00	5:08
454	380	MONICA DIAZ BAO	F- 60	ABSF- 60	24:16	5:12	24:05	5:09
455	680	FRAN PEREZ GONZALEZ		ABSM- 395	24:19	5:12	23:41	5:04
456	979	JACOBO MELCHOR LOPEZ		ABSM- 396	24:21	5:13	23:22	5:00
457	265	ROGELIO LOPEZ RODRIGUEZ		ABSM- 397	24:21	5:13	24:08	5:10
458	776	BORJA CUERDO MONTERO		ABSM- 398	24:22	5:13	23:26	5:01
459	790	NACHO DÍEZ RODRÍGUEZ		ABSM- 399	24:23	5:13	23:28	5:01
460	205	JOSE ANTONIO BOCELO PRIETO		ABSM- 400	24:23	5:13	24:04	5:09
461	196	JOSÉ ALBERTO LODEIRO SANCHEZ		ABSM- 401	24:24	5:13	23:51	5:06
462	48	JAVIER RODRIGUEZ PEREZ		ABSM- 402	24:24	5:13	23:45	5:05

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Pto	Dorsal	Nombre	Sx	PtoCat	T. Oficial	RitmoKm	T. Real	RitKmReal
463	872	VANESA PENA ARGUEREY	F- 61	ABSF- 61	24:24	5:13	23:38	5:03
464	107	HUMBERTO JOSE CORRAL BOVEDA		ABSM- 403	24:24	5:13	23:17	4:59
465	999	DANIEL GANDOI LOPEZ		ABSM- 404	24:25	5:13	23:27	5:01
466	6	MIGUEL ANGEL COBAS GARCIA		ABSM- 405	24:25	5:13	23:40	5:04
467	753	BELEN BOUDON BARREIRA	F- 62	ABSF- 62	24:25	5:13	24:24	5:13
468	729	OSCAR LUIS SEIJAS CARREIRA		ABSM- 406	24:25	5:13	23:20	4:59
469	403	MARÍA EXPÓSITO ABELEDO	F- 63	ABSF- 63	24:25	5:13	24:15	5:11
470	772	FRANCISCO ROMERO ROJAS		ABSM- 407	24:25	5:13	23:39	5:03
471	906	RODRIGO GONZÁLEZ FERNANDEZ		ABSM- 408	24:26	5:14	23:51	5:06
472	145	JOSÉ ANGEL VÁZQUEZ MARTÍNEZ		ABSM- 409	24:26	5:14	23:36	5:03
473	932	MAURO OTERO MARTINEZ		ABSM- 410	24:26	5:14	23:50	5:06
474	784	PAULA VILELA VÁZQUEZ	F- 64	ABSF- 64	24:27	5:14	23:54	5:07
475	417	ANA RUT IGLESIAS VALIN	F- 65	ABSF- 65	24:27	5:14	23:50	5:06
476	867	LUIS JAVIER FERNÁNDEZ RAMOS		ABSM- 411	24:27	5:14	23:15	4:58
477	363	FRANCISCO RODRIGUEZ GARRIDO		ABSM- 412	24:28	5:14	24:14	5:11
478	109	MARIA DOMINGUEZ GARCIA	F- 66	ABSF- 66	24:28	5:14	24:15	5:11
479	686	ÁNGEL VILLAMOR MARTÍNEZ		ABSM- 413	24:28	5:14	24:01	5:08
480	734	PATRICIA LOPEZ LOPEZ	F- 67	ABSF- 67	24:28	5:14	24:06	5:09
481	352	ALBERTO LUIS IGLESIAS CASTRO		ABSM- 414	24:29	5:14	23:53	5:07
482	721	MARTÍN VARELA FERNÁNDEZ		ABSM- 415	24:29	5:14	23:51	5:06
483	949	SONIA RIBADULLA TORREIRO	F- 68	ABSF- 68	24:30	5:14	23:51	5:06
484	405	DIEGO ROCA CANCIO		ABSM- 416	24:30	5:15	23:21	5:00
485	289	ENRIQUE PÉREZ TORRÓN		ABSM- 417	24:31	5:15	23:17	4:59
486	330	JOSÉ ANGEL TEIJO LÓPEZ		ABSM- 418	24:32	5:15	24:26	5:14
487	86	ENRIQUE ANTELO TUDELA		ABSM- 419	24:34	5:15	23:59	5:08
488	1009	XOAN SANGIAO PARDEIRO		ABSM- 420	24:34	5:15	24:08	5:10
489	466	MAGÍN LÓPEZ FREIRE		ABSM- 421	24:36	5:16	23:54	5:07
490	271	Mª DEL CARMEN VAZQUEZ VEIGA	F- 69	ABSF- 69	24:37	5:16	23:56	5:07
491	788	ANA MARIA FERNÁNDEZ COSTOYAS	F- 70	ABSF- 70	24:38	5:16	24:06	5:09
492	158	NOELIA SANTÍN FERNÁNDEZ	F- 71	ABSF- 71	24:41	5:17	23:55	5:07
493	1010	HUGO VASCO FERRO		ABSM- 422	24:44	5:17	24:18	5:12
494	921	LUCIA MACHADO SANMARTIN	F- 72	ABSF- 72	24:47	5:18	24:45	5:18
495	77	MAITE PEREZ PORTO	F- 73	ABSF- 73	24:48	5:18	23:47	5:05
496	983	VICTOR PEREZ LOPEZ		ABSM- 423	24:51	5:19	23:39	5:04
497	100	DAVID TRABADO PÉREZ		ABSM- 424	24:54	5:20	24:04	5:09
498	958	RAQUEL SAQUES SALGADO	F- 74	ABSF- 74	24:56	5:20	24:40	5:17
499	37	ELSA PENELAS COSTA	F- 75	ABSF- 75	24:57	5:20	24:41	5:17
500	853	DANIEL VAZQUEZ MOURE		ABSM- 425	24:57	5:20	24:04	5:09
501	187	ANA BELÉN LÓPEZ DÍAZ	F- 76	ABSF- 76	24:57	5:20	24:25	5:14
502	991	RODRIGO VAZQUEZ GARCIA		ABSM- 426	24:58	5:20	24:10	5:10
503	243	LUIS PEREZ CAPON		ABSM- 427	24:59	5:21	24:09	5:10
504	929	MAITANE OBARRIO PALOMO	F- 77	ABSF- 77	25:00	5:21	24:28	5:14
505	407	MARIA LUISA GUTIERREZ BLAZQUEZ	F- 78	ABSF- 78	25:01	5:21	24:19	5:12
506	137	JOSE MANUEL QUIROGA ALVAREZ		ABSM- 428	25:01	5:21	24:18	5:12
507	455	MARCOS GARCIA CEBRAL		ABSM- 429	25:03	5:21	23:59	5:08
508	881	ROSARIO BRION BELLO	F- 79	ABSF- 79	25:03	5:22	23:54	5:07
509	72	VÍCTOR TRABADO PÉREZ		ABSM- 430	25:06	5:22	24:15	5:11
510	269	LORENA ARRUÑADA RICO	F- 80	ABSF- 80	25:06	5:22	24:50	5:19
511	700	JOSE ANTONIO VAZQUEZ GONZALEZ		ABSM- 431	25:07	5:22	24:35	5:16
512	396	BEGOÑA SOTO SEXTO	F- 81	ABSF- 81	25:10	5:23	24:54	5:20
513	387	LUIS ABELEDO MOURELLE		ABSM- 432	25:15	5:24	24:50	5:19
514	642	LETICIA LOSADA LAMAS	F- 82	ABSF- 82	25:15	5:24	24:09	5:10
515	688	MARTA NOVO BARROS	F- 83	ABSF- 83	25:16	5:24	24:22	5:13
516	875	CARMEN ALONSO TÉLEZ	F- 84	ABSF- 84	25:17	5:25	25:02	5:21
517	28	NIEVES MARTINEZ VAZQUEZ	F- 85	ABSF- 85	25:18	5:25	24:48	5:18
518	349	EVA MARIA AMORES BRANDT	F- 86	ABSF- 86	25:18	5:25	25:04	5:22
519	333	MARCOS BAQUERO REY		ABSM- 433	25:19	5:25	24:18	5:12
520	766	MIGUEL VILLARINO MENCIA		ABSM- 434	25:19	5:25	24:17	5:12
521	898	MIRIAM FOLGUEIRA RICO	F- 87	ABSF- 87	25:19	5:25	24:08	5:10
522	480	JOSE ANTONIO PRIETO DIAZ		ABSM- 435	25:19	5:25	24:07	5:10
523	920	PABLO LÓPEZ PIÑEIRO		ABSM- 436	25:23	5:26	24:32	5:15
524	768	ALFONSO MARIÑO CASTRO MARIÑO CASTRO		ABSM- 437	25:23	5:26	25:15	5:24
525	948	AITOR REY DIAZ		ABSM- 438	25:26	5:26	24:58	5:20
526	919	DAVID LÓPEZ PIÑEIRO		ABSM- 439	25:29	5:27	24:39	5:16
527	27	MATEO NÚÑEZ SUÁREZ		ABSM- 440	25:30	5:27	24:56	5:20
528	950	BRIAN RICO NUÑO		ABSM- 441	25:33	5:28	25:04	5:22
529	190	MARTA QUIROGA GARCIA	F- 88	ABSF- 88	25:34	5:28	25:26	5:27
530	313	CARLOS MAYOR COUCEIRO		ABSM- 442	25:35	5:28	24:32	5:15
531	846	DAVID LORENZO GAY		ABSM- 443	25:35	5:28	24:43	5:17
532	1023	ANA BELEN RODRIGUEZ LOPEZ	F- 89	ABSF- 89	25:39	5:29	25:18	5:25
533	239	MÓNICA VÁZQUEZ PÉREZ	F- 90	ABSF- 90	25:39	5:29	25:03	5:22
534	661	RAFAEL OTERO OTERO		ABSM- 444	25:41	5:30	24:55	5:20
535	290	PEDRO FERNANDEZ AGUSTI		ABSM- 445	25:41	5:30	24:56	5:20
536	178	IGNACIO CACHARRON PRIETO		ABSM- 446	25:42	5:30	24:43	5:17
537	197	LUCIA CACHARRON BLANCO	F- 91	ABSF- 91	25:43	5:30	24:44	5:18
538	14	JESUS ROMANOS CASTIÑEIRA		ABSM- 447	25:46	5:31	24:56	5:20
539	17	FANI GONZALEZ NUÑEZ	F- 92	ABSF- 92	25:47	5:31	24:56	5:20

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Pto	Dorsal	Nombre	Sx	PtoCat	T. Oficial	RitmoKm	T. Real	RitKmReal
540	306	MARÍA GRANDE GONZÁLEZ	F- 93	ABSF- 93	25:47	5:31	25:06	5:22
541	62	OLGA SUÁREZ MUJICO	F- 94	ABSF- 94	25:48	5:31	25:12	5:24
542	1011	NOE VASCO FERRO		ABSM- 448	25:49	5:31	25:22	5:26
543	839	SANDRA CARREIRAS SOUTO	F- 95	ABSF- 95	25:49	5:31	25:28	5:27
544	842	MANUEL ANGEL MUÑOZ MACHO		ABSM- 449	25:51	5:32	25:23	5:26
545	160	PAULA PALMEIRO IGLESIAS	F- 96	ABSF- 96	25:51	5:32	25:44	5:30
546	1021	DOMINIC AIER GONZALEZ		ABSM- 450	25:52	5:32	25:06	5:22
547	793	BRAIS FREIRE RODRIGUEZ		ABSM- 451	25:52	5:32	25:04	5:22
548	368	CARMEN PARDO GÓMEZ	F- 97	ABSF- 97	25:56	5:33	25:35	5:28
549	733	EVA VILAR VARELA	F- 98	ABSF- 98	25:57	5:33	25:34	5:28
550	624	ISA LOZANO VERDES	F- 99	ABSF- 99	25:57	5:33	25:56	5:33
551	188	JESUS PARDO CASTRO		ABSM- 452	25:57	5:33	25:36	5:29
552	604	JESÚS COBAS CORREDOIRA		ABSM- 453	25:58	5:33	25:06	5:22
553	789	SANTIAGO CORREDOIRA CORRAL		ABSM- 454	26:01	5:34	25:13	5:24
554	665	ALICIA ARAGON OREJA	F- 100	ABSF- 100	26:01	5:34	25:51	5:32
555	684	JOSE CARLOS REGUEIRO BLANCO		ABSM- 455	26:02	5:34	25:28	5:27
556	683	JAVIER REGUEIRO BLANCO		ABSM- 456	26:02	5:34	25:28	5:27
557	602	JOSE MAZAIRA VAZQUEZ		ABSM- 457	26:02	5:34	25:12	5:24
558	415	LUIS ANTONIO GARCIA LINARES		ABSM- 458	26:03	5:34	25:14	5:24
559	905	MARIA GONZALEZ TRIGO	F- 101	ABSF- 101	26:03	5:34	25:31	5:28
560	127	LETICIA RODRIGUEZ LORENZO	F- 102	ABSF- 102	26:05	5:35	25:45	5:30
561	447	ABRAHAM FELPEO -		ABSM- 459	26:06	5:35	25:05	5:22
562	748	PILAR FERNANDEZ DACAL	F- 103	ABSF- 103	26:08	5:35	25:33	5:28
563	937	MARÍA JOSÉ PÉREZ GONZÁLEZ	F- 104	ABSF- 104	26:09	5:36	24:54	5:20
564	479	RUBEN POSE GARCIA		ABSM- 460	26:11	5:36	26:01	5:34
565	23	SUSANA CASTRO NEIRA	F- 105	ABSF- 105	26:11	5:36	25:21	5:25
566	99	JOSÉ MARÍA PÉREZ ARIAS		ABSM- 461	26:11	5:36	25:21	5:25
567	616	ADRIAN RIFON LOPEZ		ABSM- 462	26:18	5:38	25:51	5:32
568	374	MARÍA JESÚS IGLESIAS FERNÁNDEZ	F- 106	ABSF- 106	26:20	5:38	25:34	5:28
569	695	CARLOS VILAR MARTUL		ABSM- 463	26:21	5:38	25:50	5:32
570	627	FRANCISCO SOBRINO MOSQUERA		ABSM- 464	26:21	5:38	25:51	5:32
571	413	ESTEBAN VEIGA GOMEZ		ABSM- 465	26:22	5:38	25:53	5:32
572	879	ÉRIKA BAAMONDE VÁZQUEZ	F- 107	ABSF- 107	26:23	5:39	26:10	5:36
573	305	MANUEL SEIJAS VEIGA		ABSM- 466	26:27	5:39	26:01	5:34
574	353	SANTIAGO TORRES LABANDEIRA		ABSM- 467	26:28	5:40	25:42	5:30
575	860	HELGA PERAL VARELA	F- 108	ABSF- 108	26:28	5:40	26:08	5:35
576	46	LARA CORRAL QUEBRADA	F- 109	ABSF- 109	26:28	5:40	25:22	5:26
577	755	MIGUEL ANGEL IGLESIAS BLANCO		ABSM- 468	26:28	5:40	26:08	5:35
578	258	DANIEL FERNÁNDEZ FERNÁNDEZ		ABSM- 469	26:28	5:40	26:04	5:35
579	262	CRISTINA QUEBRADA MOURE	F- 110	ABSF- 110	26:28	5:40	25:22	5:26
580	986	PILAR TORRES PEREZ	F- 111	ABSF- 111	26:29	5:40	25:42	5:30
581	96	DUARTE SANTAMARINA RÍOS		ABSM- 470	26:29	5:40	26:03	5:34
582	337	ESTEFANIA VILLASANTE VÁZQUEZ	F- 112	ABSF- 112	26:29	5:40	25:28	5:27
583	811	TAIS MEILAN JACOME	F- 113	ABSF- 113	26:29	5:40	25:39	5:29
584	631	CAMPO LOPEZ BRAÑA FREIJE	F- 114	ABSF- 114	26:30	5:40	26:07	5:35
585	441	BEATRIZ CORRAL RODRIGUEZ	F- 115	ABSF- 115	26:31	5:40	25:34	5:28
586	739	ALBERTO RODRIGUEZ FERNÁNDEZ		ABSM- 471	26:32	5:41	25:59	5:34
587	746	JUAN JOSÉ LÓPEZ ANIDO		ABSM- 472	26:37	5:42	25:34	5:28
588	745	EVA ANIDO SEOANE	F- 116	ABSF- 116	26:38	5:42	25:34	5:28
589	799	CANDELA GONZALEZ BARRAL	F- 117	ABSF- 117	26:40	5:42	25:53	5:32
590	56	ESTHER MOURENZA FERNÁNDEZ	F- 118	ABSF- 118	26:40	5:42	25:54	5:32
591	408	PAULA GARCÍA REBOREDO	F- 119	ABSF- 119	26:40	5:42	25:54	5:32
592	273	AINARA BARRUL MIRANDA	F- 120	ABSF- 120	26:42	5:43	26:12	5:36
593	404	PALOMA MOURE ACUÑA	F- 121	ABSF- 121	26:42	5:43	26:23	5:39
594	743	BELÉN LOPEZ FOLGUEIRAS	F- 122	ABSF- 122	26:43	5:43	25:32	5:28
595	858	HÉCTOR LOUREIRO SÁNCHEZ		ABSM- 473	26:44	5:43	25:49	5:31
596	857	BELÉN FERNÁNDEZ GARCÍA	F- 123	ABSF- 123	26:44	5:43	25:49	5:31
597	771	AINHOA CASTIÑEIRA BELLO	F- 124	ABSF- 124	26:44	5:43	25:44	5:30
598	66	NOE LOPEZ PAZ		ABSM- 474	26:45	5:43	25:45	5:31
599	98	ARTURO REBOREDO BREA		ABSM- 475	26:46	5:44	25:48	5:31
600	111	MARÍA TERESA FERNÁNDEZ NAVA	F- 125	ABSF- 125	26:47	5:44	26:31	5:40
601	84	ANA MARIA RIVAS MENDOZA	F- 126	ABSF- 126	26:47	5:44	26:32	5:41
602	896	NICO DOCAL FERNANDEZ		ABSM- 476	26:50	5:44	26:34	5:41
603	883	SANDRA CACABELOS REGUEIRO	F- 127	ABSF- 127	26:50	5:44	26:35	5:41
604	880	FRANCISCO ÁNGEL BALLÓN MAREY		ABSM- 477	26:53	5:45	25:57	5:33
605	907	CRISTINA GONZÁLEZ VÁZQUEZ	F- 128	ABSF- 128	26:58	5:46	26:15	5:37
606	144	TERESA GOMEZ DIAZ	F- 129	ABSF- 129	27:03	5:47	25:54	5:32
607	254	MARTIN FERNANDEZ MARZABAL		ABSM- 478	27:04	5:47	26:22	5:38
608	619	LORENA FERNÁNDEZ LÓPEZ	F- 130	ABSF- 130	27:06	5:48	26:35	5:41
609	884	GERMÁN CAMPOS DURAN		ABSM- 479	27:06	5:48	26:36	5:41
610	783	MARIA DOLORES CAMPOS DURAN	F- 131	ABSF- 131	27:07	5:48	26:36	5:41
611	782	LUIS MAGARIÑOS CARBIA		ABSM- 480	27:07	5:48	26:36	5:41
612	870	JOSE LUIS GARCIA INGERTO GARCIA INGERTC		ABSM- 481	27:09	5:49	26:01	5:34
613	126	JOSE ANTONIO FERNANDEZ BARREIRO		ABSM- 482	27:11	5:49	26:30	5:40
614	192	MARIA SANTOS SAAVEDRA	F- 132	ABSF- 132	27:12	5:49	26:40	5:42
615	728	CARMEN GARCÍA CARBAJALES	F- 133	ABSF- 133	27:12	5:49	26:06	5:35
616	770	MARIA FERNÁNDEZ VEIGA	F- 134	ABSF- 134	27:16	5:50	26:36	5:41

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Prueba Absoluta. Distancia: 4.680 m

Pto	Dorsal	Nombre	Sx	PtoCat	T. Oficial	RitmoKm	T. Real	RitKmReal
617	895	VICENTE DIAZ CASAS		ABSM- 483	27:19	5:51	26:13	5:37
618	916	JAVIER LOPEZ GONZALEZ		ABSM- 484	27:19	5:51	26:39	5:42
619	861	IRMA MARÍA LOUREIRO NEIRA	F- 135	ABSF- 135	27:20	5:51	26:24	5:39
620	922	AUDREY MARSAC MARSAC	F- 136	ABSF- 136	27:21	5:51	26:08	5:35
621	309	MARIA JOSE MONTENEGRO OROL	F- 137	ABSF- 137	27:21	5:51	27:08	5:48
622	58	MERCEDES BAL ALVAREDO	F- 138	ABSF- 138	27:22	5:51	27:05	5:48
623	725	LUCIE PIERRARD PIERRARD	F- 139	ABSF- 139	27:23	5:51	26:09	5:36
624	785	JAVIER CARREIRAS CUADRADO		ABSM- 485	27:23	5:52	26:43	5:43
625	737	ROCIO OTERO DIAZ	F- 140	ABSF- 140	27:24	5:52	26:59	5:46
626	938	ANDRÉS PERNAS DIGON		ABSM- 486	27:24	5:52	26:27	5:40
627	852	MARTA GARCIA QUIJADA	F- 141	ABSF- 141	27:25	5:52	27:09	5:48
628	759	SONIA ARIAS REGUEIRO	F- 142	ABSF- 142	27:25	5:52	26:46	5:44
629	756	ELVIRA CEREJO ARIAS	F- 143	ABSF- 143	27:25	5:52	26:46	5:43
630	182	JOSÉ RAMÓN PÉREZ FERNÁNDEZ		ABSM- 487	27:27	5:52	26:30	5:40
631	899	COSME GARCIA NUÑEZ		ABSM- 488	27:30	5:53	26:14	5:37
632	115	MARIA BELEN LOUZAO FERRACES	F- 144	ABSF- 144	27:33	5:54	26:51	5:45
633	936	IVAN PEREIRA LOPEZ		ABSM- 489	27:36	5:54	26:20	5:38
634	607	ALBERTO LUENGO CABANILLAS		ABSM- 490	27:37	5:54	26:43	5:43
635	751	MARTA GONZÁLEZ ARIAS	F- 145	ABSF- 145	27:38	5:55	26:39	5:42
636	760	YANINA FALCÓN GUDE	F- 146	ABSF- 146	27:42	5:56	26:41	5:42
637	891	GILBERTO CRUZ LAGARÓN		ABSM- 491	27:45	5:56	26:55	5:46
638	934	JORGE PARAJUA DIAZ		ABSM- 492	27:45	5:56	26:55	5:46
639	878	ANTONIO ARANGO DIAZ		ABSM- 493	27:46	5:56	27:05	5:48
640	841	IRIS FERNANDEZ FERNANDEZ	F- 147	ABSF- 147	27:47	5:57	27:05	5:48
641	603	SONIA RUIZ VARGAS	F- 148	ABSF- 148	27:48	5:57	26:36	5:41
642	229	LUCIA MONTES MENDOZA	F- 149	ABSF- 149	27:56	5:58	27:03	5:47
643	119	JESUS PRADO VÁZQUEZ		ABSM- 494	27:56	5:58	27:03	5:47
644	76	MARIA JESUS EXPOSITO ABELEDO	F- 150	ABSF- 150	28:00	5:59	26:51	5:45
645	149	GERMAN SANCHEZ QUINTANA		ABSM- 495	28:03	6:00	27:14	5:50
646	343	ANDREA RODRIGUEZ LOURES	F- 151	ABSF- 151	28:06	6:01	27:37	5:54
647	117	JOSÉ LUIS SECO FALCÓN		ABSM- 496	28:07	6:01	27:06	5:48
648	862	ARLETH PATRICIA TARAZONA AMARIS	F- 152	ABSF- 152	28:09	6:01	27:54	5:58
649	724	GRAHAM MARTIN XXX		ABSM- 497	28:10	6:01	27:29	5:53
650	758	PILI ROZAS VEIGA	F- 153	ABSF- 153	28:13	6:02	27:34	5:54
651	828	MARÍA ÁNGELES LÓPEZ PIÑEIRO	F- 154	ABSF- 154	28:13	6:02	27:35	5:54
652	845	MIGUEL MACEDA BLANCO		ABSM- 498	28:14	6:02	27:15	5:50
653	844	GEMA LEIRO GARCÍA	F- 155	ABSF- 155	28:15	6:02	27:18	5:50
654	636	EUGENIA MOLINA ATIENZA	F- 156	ABSF- 156	28:16	6:03	28:08	6:01
655	124	EVA MARÍA GARCÍA BAJÓN	F- 157	ABSF- 157	28:17	6:03	28:09	6:01
656	882	ROSI CACABELOS REGUEIRO	F- 158	ABSF- 158	28:24	6:05	28:09	6:01
657	886	ANDRES CARBALLO COEDO		ABSM- 499	28:25	6:05	28:12	6:02
658	647	TONI ARES GARCIA	F- 159	ABSF- 159	28:26	6:05	27:45	5:56
659	803	ELENA ANIDO CRUZ	F- 160	ABSF- 160	28:26	6:05	27:36	5:54
660	890	CARLOS CORRAL LOPEZ		ABSM- 500	28:27	6:05	27:31	5:53
661	295	SANTIAGO CABADO GOÁS		ABSM- 501	28:31	6:06	28:27	6:05
662	812	LAURA DIAZ LOPEZ	F- 161	ABSF- 161	28:33	6:06	27:39	5:55
663	813	ROBERTO GARCÍA PARGA		ABSM- 502	28:33	6:06	27:40	5:55
664	865	ALBA MARÍA TRABADO CAPÓN	F- 162	ABSF- 162	28:33	6:06	27:40	5:55
665	393	NOELIA FERNANDEZ VILABOA	F- 163	ABSF- 163	28:36	6:07	27:53	5:58
666	414	ENRIQUE LÓPEZ FOLGUEIRAS		ABSM- 503	28:36	6:07	27:52	5:58
667	95	RUBÉN ÁLVAREZ ASOREY		ABSM- 504	28:43	6:09	27:44	5:56
668	169	FRANCISCO JAVIER VALÍN PARDO		ABSM- 505	28:44	6:09	27:44	5:56
669	193	MANUEL LÓPEZ LEIZÁN		ABSM- 506	28:53	6:11	27:45	5:56
670	939	IRENE PIÑEIRO DIAZ	F- 164	ABSF- 164	28:53	6:11	28:09	6:01
671	848	NOELIA CASTRO LAGE	F- 165	ABSF- 165	28:54	6:11	27:48	5:57
672	824	JOSEFA GARCIA LOPEZ	F- 166	ABSF- 166	28:56	6:11	28:16	6:03
673	924	MARÍA MÉNDEZ FERNÁNDEZ	F- 167	ABSF- 167	28:57	6:12	28:24	6:05
674	101	MIGUEL ÁNGEL SAN JOSÉ GONZÁLEZ		ABSM- 507	28:58	6:12	28:12	6:02
675	874	FRANCISCO RODRIGUEZ LOPEZ		ABSM- 508	29:01	6:12	28:48	6:10
676	81	MANUEL TORRES LABANDEIRA		ABSM- 509	29:02	6:13	28:18	6:03
677	897	JUAN FERRERO CARBAJO		ABSM- 510	29:04	6:13	28:14	6:02
678	962	PABLO TARRÍO OTERO		ABSM- 511	29:05	6:13	28:06	6:01
679	216	RAFAEL PEÑA VEGA		ABSM- 512	29:05	6:13	28:08	6:01
680	740	SABELA CARREIRA NUÑEZ	F- 168	ABSF- 168	29:14	6:15	28:59	6:12
681	644	ELENA VÁZQUEZ DE AZEVEDO	F- 169	ABSF- 169	29:15	6:15	28:57	6:11
682	643	ALICIA VÁZQUEZ DE AZEVEDO	F- 170	ABSF- 170	29:19	6:16	29:01	6:12
683	638	VALERIA CERVIÑO CAMPOS	F- 171	ABSF- 171	29:19	6:16	29:02	6:13
684	490	IVAN SANCHEZ LOPEZ		ABSM- 513	29:19	6:16	28:36	6:07
685	651	YOLANDA VÁZQUEZ DÍAZ	F- 172	ABSF- 172	29:21	6:17	28:26	6:05
686	744	ELADIO LOPEZ PEREZ		ABSM- 514	29:22	6:17	28:11	6:02
687	749	JACOB MARTÍNEZ GONZÁLEZ		ABSM- 515	29:26	6:18	28:30	6:06
688	953	MANUEL RODRÍGUEZ GONZÁLEZ		ABSM- 516	29:28	6:18	28:34	6:07
689	894	CRISTINA DEL RÍO TRASANCOS	F- 173	ABSF- 173	29:28	6:18	28:35	6:07
690	888	REBECA CASTRO DOVAL	F- 174	ABSF- 174	29:29	6:18	28:56	6:11
691	439	GONZALO CASTRO LODEIRO		ABSM- 517	29:30	6:19	28:57	6:11
692	13	KATHERINE E PHILLIPS	F- 175	ABSF- 175	29:50	6:23	28:41	6:08
693	876	EVA AMIAMA SECO	F- 176	ABSF- 176	29:50	6:23	28:53	6:11

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Pto	Dorsal	Nombre	Sx	PtoCat	T. Oficial	RitmoKm	T. Real	RitKmReal
694	738	ANA SOLIÑO BAMIO	F- 177	ABSF- 177	29:53	6:24	29:38	6:20
695	88	INES DIAZ MOURE	F- 178	ABSF- 178	29:56	6:24	29:29	6:18
696	819	EVA MOREIRA RODRÍGUEZ	F- 179	ABSF- 179	29:56	6:24	29:46	6:22
697	820	JUAN CARLOS FERREIRO LAMAS		ABSM- 518	29:57	6:24	29:47	6:22
698	52	OLALLA LOPEZ RODRIGUEZ	F- 180	ABSF- 180	30:11	6:27	29:03	6:13
699	1013	ALFONSO MOINELO RICO		ABSM- 519	30:19	6:29	29:06	6:13
700	617	CARMEN ROIBAS CASTIÑEIRA	F- 181	ABSF- 181	30:21	6:29	30:01	6:25
701	357	MARGARITA FOLGUEIRA GONZALEZ	F- 182	ABSF- 182	30:21	6:29	30:01	6:25
702	345	ANTIA MENAN QUIÑOÁ	F- 183	ABSF- 183	30:23	6:30	29:17	6:16
703	944	MARTA PRIETO RODRÍGUEZ	F- 184	ABSF- 184	30:27	6:31	29:55	6:24
704	704	DIEGO MARIO RODRÍGUEZ ARIAS		ABSM- 520	30:28	6:31	29:21	6:17
705	705	PATRICIA COIRA MARÍN	F- 185	ABSF- 185	30:30	6:31	29:23	6:17
706	620	VICTOR SOUTO FERNANDEZ		ABSM- 521	30:30	6:31	29:22	6:17
707	667	IRIA TEJEIRO TEJEIRO	F- 186	ABSF- 186	30:30	6:31	29:24	6:17
708	655	FRANCISCO VILARIÑO CASANOVA		ABSM- 522	30:30	6:32	29:20	6:16
709	669	MARTA REY PALMEIRO	F- 187	ABSF- 187	30:31	6:32	29:24	6:17
710	653	ANA PENAS VAZQUEZ	F- 188	ABSF- 188	30:31	6:32	29:23	6:17
711	652	MARIAN MUINELO SANCHEZ	F- 189	ABSF- 189	30:31	6:32	29:25	6:18
712	1025	ELSA GONZALEZ SANCHEZ	F- 190	ABSF- 190	30:31	6:32	30:21	6:29
713	904	NICOLAS GONZALEZ SANCHEZ		ABSM- 523	30:35	6:32	30:24	6:30
714	656	MARIA ISABEL CASTEDO PEREZ	F- 191	ABSF- 191	30:35	6:32	29:28	6:18
715	672	YARA RODRIGUEZ PEREZ	F- 192	ABSF- 192	30:36	6:33	29:29	6:18
716	693	JOSE AGUSTIN ULLOA FERREIRO		ABSM- 524	30:42	6:34	29:44	6:21
717	926	MARIA LUISA MOSTEIRO DIAZ	F- 193	ABSF- 193	30:42	6:34	29:44	6:22
718	775	CARLOS VÁZQUEZ DÍAZ		ABSM- 525	30:43	6:34	29:48	6:22
719	889	LAURA CIENFUEGOS GARCIA	F- 194	ABSF- 194	30:47	6:35	30:12	6:27
720	915	UXIA LOPEZ GONZALEZ	F- 195	ABSF- 195	30:49	6:36	30:40	6:34
721	472	ANDREA OTERO ARIAS	F- 196	ABSF- 196	30:50	6:36	30:42	6:34
722	635	NOELIA NUÑEZ LOPEZ	F- 197	ABSF- 197	30:50	6:36	30:43	6:34
723	134	DOLORES NEIRA EXTREMEIRO	F- 198	ABSF- 198	30:50	6:36	29:47	6:22
724	185	JULIO RAMÓN CASTRO DELGADO		ABSM- 526	30:51	6:36	30:44	6:34
725	735	MONICA GONZALEZ BARDANCA	F- 199	ABSF- 199	30:53	6:36	30:16	6:28
726	59	ALBA PARRA IGLESIAS	F- 200	ABSF- 200	30:53	6:36	30:18	6:29
727	720	SILVIA GONZALEZ BARDANCA	F- 201	ABSF- 201	30:54	6:37	30:16	6:29
728	928	JOSE MANUEL NUÑEZ SOTO		ABSM- 527	30:55	6:37	30:45	6:35
729	927	JENNIFER NUÑEZ FERNÁNDEZ	F- 202	ABSF- 202	30:57	6:37	30:47	6:35
730	1028	MARIA CRUZ ANTELO TUÑAS	F- 203	ABSF- 203	31:04	6:39	30:43	6:34
731	1027	JOSE GOMEZ DURAN		ABSM- 528	31:04	6:39	30:43	6:34
732	868	MARTA CAPÓN SAÁ	F- 204	ABSF- 204	31:09	6:40	29:56	6:24
733	32	JUAN FRANCISCO CAPÓN MÉNDEZ		ABSM- 529	31:10	6:40	29:57	6:24
734	201	MAJO HURTADO IGLESIAS	F- 205	ABSF- 205	31:14	6:41	30:32	6:32
735	418	ALFONSO PEREZ QUINTANS		ABSM- 530	31:14	6:41	30:12	6:28
736	956	JESSICA ROSA VIEIRA	F- 206	ABSF- 206	31:34	6:45	30:24	6:30
737	219	CANDIDO VILLAYERDE OTERO		ABSM- 531	31:35	6:45	31:17	6:41
738	838	Mª ESTRELLA LÓPEZ GONZÁLEZ	F- 207	ABSF- 207	31:41	6:47	30:40	6:33
739	344	ROSALÍA LÓPEZ LÓPEZ	F- 208	ABSF- 208	31:43	6:47	30:41	6:34
740	189	MARIA DEL MAR REGUEIRO BURGO	F- 209	ABSF- 209	31:49	6:48	30:46	6:35
741	294	ELADIO PASARIN MON		ABSM- 532	31:51	6:49	30:47	6:35
742	752	MARTA ALONSO MASA	F- 210	ABSF- 210	31:58	6:50	31:05	6:39
743	969	JULIAN VILLAMOR REGUEIRO		ABSM- 533	32:06	6:52	31:38	6:46
744	723	MAUREEN MACKEN XXX	F- 211	ABSF- 211	32:08	6:52	31:27	6:44
745	610	ESTHER MUÑOZ AVILA	F- 212	ABSF- 212	32:15	6:54	31:18	6:42
746	633	SONIA TOJO BASCOY	F- 213	ABSF- 213	32:28	6:57	31:22	6:43
747	933	OLALLA OTERO VÁZQUEZ	F- 214	ABSF- 214	32:30	6:57	31:34	6:45
748	457	MANUEL ANTONIO GULÍN BEJARANO		ABSM- 534	32:31	6:57	31:36	6:45
749	42	BEATRIZ GARCÍA LÓPEZ	F- 215	ABSF- 215	32:31	6:57	31:30	6:44
750	163	ALBERTO BANDE CORTIZO		ABSM- 535	32:31	6:57	31:28	6:44
751	802	ROSA Mª FERNÁNDEZ ALVAREZ	F- 216	ABSF- 216	32:32	6:58	32:09	6:53
752	935	SUSANA PENEDO SOUTO	F- 217	ABSF- 217	32:33	6:58	31:21	6:42
753	605	GRACI GÓMEZ DACAL	F- 218	ABSF- 218	32:33	6:58	31:21	6:42
754	767	ANDREA FDEZ.-PIÑEIRÚA JUSTO	F- 219	ABSF- 219	32:34	6:58	31:34	6:45
755	791	MACARENA OJEA DE CASTRO	F- 220	ABSF- 220	32:35	6:58	31:36	6:46
756	315	GERARDO ALVARIÑO VARELA		ABSM- 536	32:36	6:58	31:45	6:48
757	911	CÉCILE HUGÉ HUGÉ	F- 221	ABSF- 221	32:54	7:02	31:41	6:47
758	917	VERONICA LOPEZ VALLEJO	F- 222	ABSF- 222	33:01	7:04	32:25	6:56
759	778	KIKE MÁRQUER DÍAZ		ABSM- 537	33:28	7:09	32:45	7:00
760	637	ELENA CENDAN CELEIRO	F- 223	ABSF- 223	33:37	7:11	33:19	7:08
761	818	CÉSAR ARES RODRÍGUEZ		ABSM- 538	33:41	7:12	32:48	7:01
762	805	LUCAS NOVO SANMARTIN		ABSM- 539	33:41	7:12	32:47	7:01
763	863	MIRIAM VAZQUEZ MOURE	F- 224	ABSF- 224	33:41	7:12	32:49	7:01
764	639	CONSUELO DOS SANTOS SANCHEZ	F- 225	ABSF- 225	33:42	7:12	33:25	7:09
765	648	BEATRIZ GOLÁN PARDO	F- 226	ABSF- 226	33:42	7:12	33:25	7:09
766	1029	MARIA BEGOÑA RODRIGUEZ OTERO	F- 227	ABSF- 227	33:46	7:13	33:03	7:04
767	877	LAURA AMIAMA SECO	F- 228	ABSF- 228	33:47	7:13	32:50	7:01
768	432	CARLOS AMIAMA ARES		ABSM- 540	33:47	7:14	32:51	7:02
769	992	NOELIA ALVAREZ VILANOVA	F- 229	ABSF- 229	33:48	7:14	32:33	6:58
770	641	ALBERTO SANCHEZ FERNANDEZ		ABSM- 541	34:04	7:17	33:03	7:04

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Pto	Dorsal	Nombre	Sx	PtoCat	T_Oficial	RitmoKm	T_Real	RitKmReal
771	379	NEREA LOPEZ PALLIN	F- 230	ABSF- 230	34:04	7:17	33:03	7:04
772	781	MARÍA DEL CARMEN PÉREZ GONZÁLEZ	F- 231	ABSF- 231	35:13	7:32	33:58	7:16
773	847	DANIELA REYES FERNANDEZ	F- 232	ABSF- 232	36:19	7:46	35:10	7:31
774	49	JUAN O REYES GARCIA		ABSM- 542	36:20	7:46	35:11	7:32
775	797	MERCEDES RODRÍGUEZ GARCÍA	F- 233	ABSF- 233	38:09	8:09	37:43	8:04
776	798	BEGOÑA SANTOS FERNÁNDEZ	F- 234	ABSF- 234	38:09	8:09	37:44	8:04